



# The Bugle



May 2024

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## Spring Trail Work

### Legrand Reynolds Horsemen's Camping Area Escoheag RI

On April 6th, members from BSTRA, Moswansicut Riding & Driving Club, Cross State Trail Riders and the RI Federation of Riding Clubs joined up to clean up the camping area.



There were numerous trees, big branches, lots of sticks and tons of leaves that were cleaned up. Throw in some brush cutting and you have a nicely cleaned up camping area. Our work was made also easier because Eric brought his tractor with grabbing claw in front and brush hog in the back.

Many thanks to the BSTRA members that were present (some wearing dual hats!) Phil & Jane Rutledge, Neil & Shirley Standring, and Becky Kalagher. Our volunteer work for the day was 20 working hours worth \$783.80. **BK**

### Thompson CT

On April 13th, nine people gathered to get a head start on the trail work. We figured we might need two work days to clean everything up. It was a good thing we did because the winter wind storms really wrecked havoc all over the place. We put in 25 hours worth \$979.75



(Continued from page 1)

We split up into three groups and targeted the worst sections. Many thanks to the following for their hard work in clearing out the trails. Bill & Angie Knott, Rita Ballou, Becky Kalagher, Darlene Falcone, Cheryl Fitzpatrick, Peggy Rotti, Chris DiMasi, and Valerie & Dave Clark. BK

## **Park Serve Day Douglas State Forest**

### **Sponsored by J.F. Cove Insurance**

#### **Agency**

Mother nature gave us a bit of a hiccup with rain forecasted in the morning. I sent out a message to all those that had signed up that the start time was now 9:30. If my timing was right, by the time we hit the trails, the rain would pretty much be over and it was.



We had a great turn out, 17 people. Enough that we broke up into three groups to tackle the Bill Annese Trail. We did get 2.1 miles of that trail brushed back and winter debris picked up. We didn't finish up the one section in the middle of .44 tenths of a mile. No complaints here!

Afterwards we ordered lunch and had it delivered to the Bill Annese Trail head parking lot. We certainly earned our lunches today with all the hard work everyone put in.

A super job well done by the following volunteers: Bill & Angie Knott, Barbara McCumber, Becky Kalagher, MaryEllen Coyne, Dallas & David Keeney, Valerie Clark, Gloria Duhaime, Denise Leonard, Phil & Jane Rutledge, Neil & Shirley Standring, Darlene Falcone, Jen Hoyt, and Cheryl Fitzpatrick.

All totaled we put in 47.67 hours worth \$1,868.19 plus \$205.71 for lunch. BK

## **Park Serve Day Upton State Forest Sponsored by Bob Clark's Dog Training & Doggie Day Care/Milford Federal Bank**

On April 21st, twenty-four volunteers joined DCR to participate in National Park Serve Day at Upton State Forest. Some folks headed out on the trails to brush back overgrown foliage with the bonus of reporting several trees down requiring DCR to come back with chain saws to clear them away. Our flagpole got a facelift with weeding and fresh mulch. Much work was done to remove the burning bush invasive species in and around the headquarters as well as lots of clean-up at the forest entrance. In total, 70 hours of work was put into sprucing up USF – WOW! After all the hard work, the Friends of Upton State Forest treated the volunteers to pizza from the Upton House of Pizza, including their Hawaiian pizza, which is becoming a fan favorite. Thanks to all the volunteers from the Friends of Upton State Forest, Bay State Trail Riders,

Friends' members, and others who enjoy the forest to help us keep USF a great place for all the outdoor activities that our visitors enjoy. *By Joyce Sandvik*

Trail crew report: we worked on the trail that connects to Rabbit Run. Light work between Southboro Rd & Westboro Rd. Very heavy work between Westboro Rd. & Ridge Rd. This is where there was also some very mature burning bush shrubs. We spent a considerable amount to time really cutting this invasive back. This section had three trees that DCR needed to come back and cut down.



Once you crossed Ridge Rd. it was the same thing at the beginning of the trail, lots of burning bush that we successfully cleared back. I supposed it was a good thing that it took so long. Once we were on the other side of Ridge Road on Rabbit Run we turned a corner and ran into a mother lode of downed trees. That was as far as we were going. DCR has some serious clean up ahead of them on this trail, but hey, at least they could get to it really easy now that we had the trail cut back!

All totaled we cleared back .2 of a mile of trail.

Many thanks to the following that I know were there: Becky Kalagher, Celeste Nobrega, Edward Nobrega, Emma Milford, Carrie Wood, Patty Ford, Rita Ballou, Kamryn St Germain, Deb Deschenes, Suzanne Nicholas, Joyce Sandvik, Bill Taylor (FUSF), Ellen Arnold (FUSF). These people worked a total of 39 hours worth \$1,528.41 *BK*

## Douglas State Forest DCR

Per the new supervisor: to report any issues on the trails (like downed trees, overgrown, or washouts) please call the headquarters 508-476-7872 (land line) or directly to his state cell phone at 857-408-0348 (Joseph Taylor). Feel free to pass along this information to anyone using the forest.

Ryan Rudy  
Owner

# Whitehorse



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# Livelark Acres

**MAY 19, 2024**



**Check in time:** 10am    Ride out: 10:30am

**Length:** 5 miles +/- , repeat for 10 miles +/-    NEHT affiliated.

**Location:** Baker Road, Thompson CT. From route 193S (coming from Massachusetts), take the sharp, hairpin left downhill onto East Thompson road, heading toward the Speedway.

After about 1/2 mile, take the first paved right onto Alm Road. If you pass the Speedway, you've gone too far. Follow Alm Road to the end. Take a left onto Baker Road. There will be a BSTRA sign to direct you to the left turn into the field. For GPS use: 165 Baker Road Thompson, CT. That will get you close. Watch for signs!

If you're coming from the Douglas end of East Thompson Road, please swing wide when you are taking that left onto Alm Road so you don't have any issues with your trailer.

**Registration fees:** \$15 for BSTRA members, \$20 for non-members. Juniors (17 and under) ride and eat free.

**BSTRA will provide drinks and desserts. Riders bring their own lunch.**

*Ride Sponsored by*  
**Hope Botanicals & Koopman Lumber Co.**

For more information please contact Valerie at 508-864-8432 or Valerie.clark@snet.net  
Make checks payable to BSTRA & mail to Becky Kalagher, 24 Glen Street, Douglas, MA 01516

Livelark Acres Pleasure Ride	Rider #1	Rider #2
Rider's Name		
Horse's Name		
Rider's Year of Birth		
Street Address		
Town, State, Zip		
Phone Number		
Email Address		
Coggins # and Date (with in a year)		
Are you a BSTRA Member? Yes/No		

## BSTRA's Tack Sale

BSTRA decided we needed to have our annual tack sale this spring. We set it up and had a great reception. 23 tables inside and 12 outside trailer spaces sold out in just over a month. We had to shut down reservations.

Sunday, April 28th came, and we could get in the building @ 7:30am and promptly @ 7:30 the parking lot was half full, the hustle and bustle of unloading cars, moving things inside the building and moving cars to the back of the parking lot were all happening while the outside trailers were coming in to setup. All this could not have been done without the help of our great volunteers – Carolyn weeks, Ed Nobrega, Colleen Thiboutot and Steve Lawrence.

Things inside also needed to get setup. A group of volunteers moved tables, made coffee, and helped each other with directions. Thank you, Suzanne Nicholas, Becky Kalagher, Rose Zariczny, and the rest of the team. I'd like to say the first hour gets easier each year, but it is still a little rough, but gets done.

The weather had predicted a few showers the night before, which was hard to load ahead of time, but the morning was dry. It was cooler than expected out-

side, but everyone was a trooper.

BSTRA had muffins, bagels, fruit, yogurt, coffee and cold beverages for sale. We also had a 50/50 raffle and 2 scratch ticket trees. Thank you all for supporting this and taking a chance. Kristi Lowe and Ann Deagan each won one of the scratch ticket trees and Ed Nobrega was the lucky 50/50 winner. You may not have been one of the raffle winners, but we hope that it was a good day for you. You were able to make a few sales, see some friends and have a good time.


We would like to say thank you to Alyse Aubin for the funds she donated back to BSTRA from her sales made. We also know that a few people did have items for free and thank you to one who said a donation to BSTRA is all that was needed. We greatly appreciate your support.

Looking ahead, mark your calendars for our first ride on May 11th. Go to [BSTRA.org](http://BSTRA.org) and check out the calendar tab for our other events. Come out and join us and have some fun. Thank you again. *By Karen Parlin*



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# TRAILER SAFETY CLINIC

Presented by Ryan Rudy of Whitehorse Truck & Trailers

Saturday May 18th 10am

Location: Adams Acres, 100 Brigham Hill Road, Grafton MA



## Topics To Be Covered

Routine inspections you should do before each trip.

Driving tips.

The importance of a healthy hitch.

How to choose the right trailer and tow vehicle.

How to be prepared for an emergency on the road.

Essential annual trailer maintenance.

**Registration Fees:** BSTRA members \$25, non-members \$45. Lunch included. Registration closes on May 15th.

### WHAT TO BRING

Comfortable chair to sit in and all your questions. Please join us to explore trailer safety.



Please make checks payable to BSTRA and mail to BSTRA, 24 Glen Street, Douglas MA 01516. Questions: email [bstra@charter.net](mailto:bstra@charter.net)

Trailer Safety Clinic	Attendee #1	Attendee #2
Name		
Street Address		
Town, State, Zip		
Are you a BSTRA member Yes/ No		
Phone Number		
E-Mail Address		

# June 9, 2024

32<sup>nd</sup> NTD Anniversary

Location: Medfield State Hospital, 45 Hospital Road, Medfield MA

Check in 9:30  
Lunch at noon  
Awards & raffle follow

NEHT affiliated 8 +/- miles

Registration Fees:  
BSTRA members \$35  
Non-members \$40  
Juniors 17 and under free  
Lunch only \$20

Pre-registration deadline to get lunch: **JUNE 4th.**  
Post entries welcome but no lunch provided.

NTD gift bag for first 50 registrants

**HUGE RAFFLE**

# BSTRA National Trails Day Ride and Fundraiser

Event Sponsored by: *Whitehorse Truck & Trailer Service & Sales*

Help raise funds for trail projects that benefit you!



Choose how you want to participate in this event. You have three options.

1. Pay registration fee to ride.
2. Ride and collect donations: help with this NTD fundraiser by collecting donations on your "NTD Sponsor Papers" (download at [www.bstra.org](http://www.bstra.org) under National Trails Day). With \$100 or more in contributions you can elect to have your registration fee refunded.
3. Collect donations without riding. Fill out form below if attending and check off collecting sponsors only. Go to [www.bstra.org](http://www.bstra.org) - National Trails Day for details. **BIG PRIZE PACKAGES** awarded to five participants bringing in the highest amount of donations with their NTD Sponsor Papers. You do not need to ride to participate. (11am turn in time deadline day of the ride)

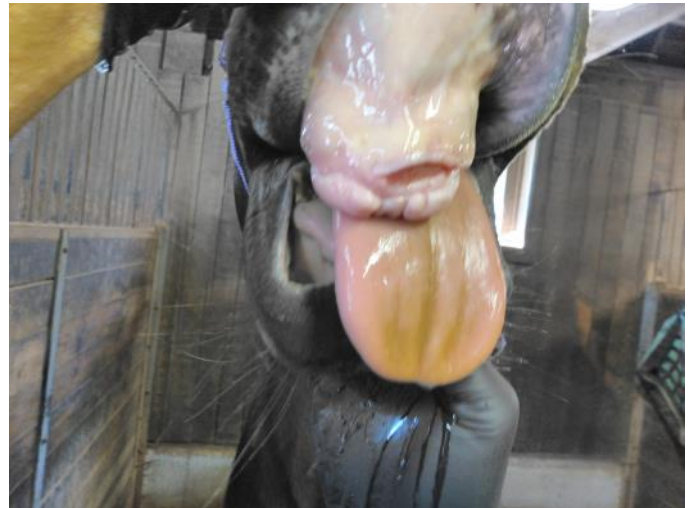
REGISTRATION: Please make check payable to BSTRA and mail with this form to: Rebekah Nydam, 18 Birch Hill Road., Douglas MA 01516

Participant's Name		
Horse's Name		
Rider's Year of Birth		
Street Address		
Town, State, Zip		
Phone Number		
Email Address		
Coggins # and Date (within a year)		
Are you a BSTRA Member?		
Collecting Sponsors Only- not riding		

### An Educational Minute

For those of you that have had the front upper and lower teeth pulled due to EOTRH, we just learned something. One of the boarders at my place had her horse's front upper and lower teeth pulled last Nov. Jack healed up nicely and had no issues.

Imagine my surprise when the dentist came out to do everyone's teeth and it was Jack's turn. Dave flipped up Jack's upper lip and there on his gum was this red irritated area. Detective time, what the heck was causing that? Culprits - the hay bags and Port a Grazer. With no teeth to "grab" the hay out of the hay bags, the gums (mostly the upper gum) comes into contact with the webbing and reaching for hay through one of the holes in the Port a Grazer he may be hitting his gum as he bites down, no teeth to



run interference anymore. Pulled out the hay bags and Port a Grazer and he healed right up.

This is something that none of the vets involved in extracting his teeth ever mentioned. So, sharing what we learned! **BK**



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# BSTRA National Trails Day Benefit – June 9, 2024

**Sponsored by Whitehorse Truck & Trailer Service & Sales, Northbridge MA**

Sponsor Papers for \_\_\_\_\_ (name)

\_\_\_\_\_ (address)

The following people and/or businesses have made their tax-deductible contributions to sponsor me in the BSTRA National Trails Day Fundraising Event, June 9, 2024. Proceeds from this benefit will be used for Massachusetts trail improvement projects.

**Make checks payable to: BSTRA, Inc. Submit completed form and collections by 11 am at the NTD Registration Table or mail to Rebekah Nydam, 18 Birch Hill Road, Douglas MA 01516 to be received by June 6.**

Name	Address	Contribution
		\$
TOTAL COLLECTED		\$

Businesses donating \$100 or more receive business sponsor benefits such as a free listing in business directory with a link to their website and free advertising dependent upon amount of contribution – please refer to and complete Sponsorship Form on reverse.

## NTD Ride June 9, 2024 Business Sponsors Sponsorship Form

All donations are tax-deductible because BSTRA is a section 501(c)(3) nonprofit organization and 100% of ALL donations are used for local trail programs

BSTRA has a sponsor rewards program to say thank you for donations of \$50 or more. It gives those sponsors various benefits.

- \* Business sponsors donating \$99 or less are listed in our newsletter and NTD handout.
- \* Business sponsors donating \$100 or more get one free business card sized ad in our newsletter in addition to being listed in the Business Sponsor Directory on our website.
- \* Business sponsors donating \$250 or more receive “Blue Ribbon” designation, a free Banner Ad on the home page of our website, a listing in the Business Sponsor Directory, and three free business card sized ads in our newsletter, and are eligible to be named as an Event Co-Sponsor (1 of 2 sponsors).
- \* Deluxe Blue Ribbon business sponsors donating \$500 or more receive 6 business card sized ads in the newsletter, as well as the free website Banner Ad and listings in the Business Sponsor Directory, and are eligible to be named as an exclusive Event Sponsor for one of our events.
- \* Platinum business sponsors donating \$1,000 or more receive 12 business card sized ads in the newsletter, as well as the website Platinum Banner Ad and listings in the Business Sponsor Directory, and are eligible to be named as an exclusive Event Sponsor for two of our events.

*\*Note: Listings in Business Sponsor Directory will expire as of June 2025*

Please attach business card and/or ad copy to be used for free advertising as outlined above for each business

<b>Business Name</b>	
Address	
Tagline	
Website	
Telephone	
Contact Person	
E-mail Address	
Amount of Donation	

<b>Business Name</b>	
Address	
Tagline	
Website	
Telephone	
Contact Person	
E-mail Address	
Amount of Donation	

Member Name: \_\_\_\_\_

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**EXCESS PERSONAL LIABILITY INSURANCE**

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**VOLUNTEER HOURS**

You can now submit your volunteer hours online from our website. Please make use of this throughout the year so you don't forget what you did.

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## Classifieds

Free ads are for members and their items only. Please contact the editor for advertising rates for non-member classified ads. Please submit your ad in writing (mail or e-mail) to the editor. Ads will only appear once unless you notify us to run it again. Ads must be received by the 15th of the month preceding publication.

**For Sale:** Orange Loop reins 8 feet long. Black and White or Red Loop reins 10 feet long. All are made from heavy yacht rope. 9/16". Won't get slippery and are adjustable for the desired length. Each end is spliced with a small leather popper. They attach to the bit with slobber straps. The reins are washable. \$18 each. Email Suzanne @ HC07645@gmail.com

**For Sale:** Warning triangles. This kit contains three warning triangles in a compact storage box. The fluorescent orange triangles with red reflectors are visible day or night to alert drivers well in advance of potential danger and help protect you and your family. Each triangle is made from non-flammable material and features a weighted base with grip pads that provide maximum stability. The collapsible design is perfect for easy storage and quick setup. Never used. \$25. Email Suzanne @ HC07645@gmail.com

**For Sale:** Saddle Ups Olde Time brand cante roll holds lots of stuff from extra clothing or to pack away a medical kit, rope, lead & halter. Attaches in back of your cante with string ties and footman's loops Has zippered top. Made from soft full grain leather with solid stainless steel hardware. Measures 18"Lx5"D expanding to a circumference of 20". Lined with Cordura water resistant leather. Retail for \$145. \$65. Email Suzanne @ HC07645@gmail.com

**For Sale:** Saddle slicker/duster. Size L (runs big), 56" long. Two front flap pockets with 2 small slash pockets inside, detachable hood, and snap storm flap. Rear saddle gusset makes it functional for riding and the long length keeps you covered, make to wear while riding. \$20. Email Suzanne @ HC07645@gmail.com

**For Sale:** Leather grab strap or night latch. Night latch easily attaches to your saddle adding security and safety. Black \$10 Email Suzanne @ HC07645@gmail.com

**Wanted:** Mini driving harness that will fit 34" mini. Call Alyse at 508-476-7593 Leads also appreciated.

**"The Adventures of BB, the Wonder Pony"** is an illus-

## Business Classifieds

**Short Term/Vacation Boarding:** Walking High Farm has two run in sheds with separate fencing available for your short term needs. Going on vacation? We can take care of your horse, or both if you have two of them. Please call Becky for details at 508-476-3960 or bstra@charter.net

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trated, first chapter children's book that will be enjoyed by readers of all ages. My Connemara Pony "BB" tells his life story in his own pony voice. BB talks about life as a foal, learning to be ridden, going to a variety of shows and having adventures with his big brother Cody. The illustrations are by a 12-year-old artist – really cute, on every few pages. You can contact me at sue.perry@charter.net to purchase a book, \$5.00 each plus shipping. You can also order the book on-line from Amazon at \$7.99.

**Trailer For Sale:** Super handy, 2007 Sundowner Sunlite Stampede SL, well maintained, in great condition! Aluminum, GN 2 horse slant, telescopes to open stock. 7' 2" tall, 6'6" wide. Carpeted dressing room, 2 saddle racks, several bridle hooks, brush box. Steel frame for strength, undercoated. Step up. 5 newish tires, side walls coated, mats. Loading lights. Title and all keys in hand. Trailer spent most of the time in the south, very lightly used and it shows. Located in Uxbridge, MA. Please text if interested, 508 525 0472. \$11,500 offers entertained

## Welcome New Members

Aubrey Bristol, Grafton MA  
Mallory Brosnihan, Westboro MA  
Lori McCormick, Warwick RI  
Cary VandenAkker, Whitinsville MA

Date (raindate)	Event/Location/Sponsor	Contact	Phone #	email address
May 11*	Nancy Maenzo Ride, Douglas MA <i>Ride sponsored by United Ag &amp; Turf Northeast</i>	Kelly	774-276-0260	krshaw13@gmail.com
May 19*	Livelark Acres Ride Thompson CT <i>Ride sponsored by Hope Botanicals/ Koopman Lumber</i>	Becky	508-476-3960	bstra@charter.net
May 25-27	Memorial Day Campout, Carver MA	Rose	401-487-3190	rzariczny@verizon.net
June 9*	National Trails Day TBA <i>Ride sponsored by Whitehorse Truck &amp; Trailer</i>			
June 23*	Luau Ride Upton Ma, Upton MA <i>Ride sponsored by United Ag &amp; Turf Northeast</i>	Suzanne	508-380-2124	hc07645@gmail.com
July 4-7	4th of July Campout, Douglas MA	Rose	401-487-3190	rzariczny@verizon.net
July 20	Goddard Brunch Ride E. Greenwich, RI <i>Ride sponsored by Homefield Credit Union</i>	Rose	401-487-3190	rzariczny@verizon.net
July 21	Ride for Open Space, Woodstock CT <i>Wyndham Land Trust is running this ride.</i>	Sue. J.		sjackson3773@gmail.com
July 28*	Poker Run Hodges Village Dam, Oxford MA <i>Ride sponsored by Unibank</i>	Becky	508-476-3960	bstra@charter.net
Aug. 25*	Galloping Gourmet Ride, Royalston MA <i>Ride sponsored by Bill &amp; Angie Knott</i>	Becky	508-476-3960	bstra@charter.net
Sept. 15	Sue Brainard Memorial Hunter Pace Douglas MA <i>Ride sponsored by The Mane Place</i>	Sharron	413-668-7606	hiddenhollowacres@comcast.net
Sept. 29	Northfield Mt. Pleasure Ride, Northfield MA <i>Ride sponsored by Yered Trailers</i>	Rose	401-487-3190	rzariczny@verizon.net
Oct. 20*	Lea MacInnis Judged Pleasure Ride, Lincoln MA <i>Ride sponsored by Yered Trailers</i>			
Oct. 26	MassTrails Conference DCU Center Worcester MA			
Oct. 27*	Big Pumpkin Upton MA <i>Ride sponsored by Swerling, Milton, Winnick Ins. Adjusters/</i>	Joyce	617-429-1319	jskanion@charter.net
Nov. 3	Turkey Trot, Carver MA	Rose	401-487-3190	rzariczny@verizon.net
Nov. 17*	Thompson Raceway Ride, Thompson CT	Becky	508-476-3960	bstra@charter.net

**\*NEHT affiliated rides**

1. Unless otherwise noted, all rides start at 10 am and trail work days at 9 am
2. In case of questionable weather, call before leaving home. You will NOT be called if the event is cancelled.
3. Most rides require advance registration and payment to receive lunch.
4. Riders 17 years old and under, accompanied by a guardian, ride **free** (includes lunch if pre-registered). (May be exceptions on some rides)
5. Alcohol is prohibited on State property. No smoking allowed while riding.
6. A current Coggins within a year of the ride date is required.
7. Please leave the trails and parking areas better than you found them and be considerate of others! Clean up your hay & manure at all rides!
8. Year end awards require a member in good standing to have a minimum of 4 hours of volunteer time completed. Divisions: Pleasure, Competitive, Accumulative. Age as of January 1st: Junior (17 and under), Adult (18-64), Senior (65 or older).  
For more Information, visit our website at [www.bstra.org](http://www.bstra.org)
9. PayPal payments for rides will no longer be transferred to another ride. Re-funds will be made.

BSTRA board meetings are usually on the first Thursday of the month. If you wish to attend one of our meetings, drop us an email and we will send you the meeting link.

Bay State Trail Riders Association, Inc.

24 Glen Street  
Douglas MA 01516



MAY 2024

**We are on the web!**

**www.bstra.org**

Bay State Trail Riders Association, Inc. Membership Application (expires December 31st)

Mail this form with check payable to **BSTRA, Inc.** to: Rose Zariczny, 216 Grand Street, Woonsocket, RI 02895

Name: \_\_\_\_\_ phone: (\_\_\_\_\_)\_\_\_\_\_

Do NOT release my name for discounts or coupons to benefit BSTRA [ ]

Address: \_\_\_\_\_ email: \_\_\_\_\_  
(# & street) (town/city) (state/zip)

Please check all that apply:

Single **\$25** [ ] \$1m excess liability insurance (single), additional **\$20** [ ] Junior (17 and under) **\$12** [ ]  
Family **\$35** [ ] \$1m excess liability insurance (family), additional **\$40** [ ] Individual Lifetime Membership **\$400** [ ]

Additional Barn Membership **\$35** [ ] Barn Name \_\_\_\_\_

Additional donation to this 501(c)(3) corporation \$\_\_\_\_\_. Your tax exempt donation will be acknowledged.

I'd like to receive your free monthly bulletin *The Bugle* via email [ ] or printed copy in black & white [ ]

I'd like to receive **Community Horse**, published *Spring & Fall*, at no cost to me [ ]

I can help

- by volunteering for trail work days [ ]
- by sponsoring a trail ride (\$) [ ]
- by hosting/running a trail ride [ ]
- with other projects that might be needed [ ]
- by serving on the Board of Directors [ ] Committee [ ]
- with \_\_\_\_\_

Questions? [rzariczny@verizon.net](mailto:rzariczny@verizon.net) or 401-487-3190

**Thank you for your support. Happy Trails!**