



The Bugle



April 2024

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AGM Speech

Per the request of a few people I am printing the short speech that I gave at our Annual General Meeting and Awards Banquet.

I want to talk about the other side of our organization – our horses.

A part of what has brought us together is horses and our desire for trail riding.

Riding has introduced us to a diverse community of fellow equestrians. Whether at the barn, on the trail, or in competitions, we meet new people who share our passion.

These connections go beyond casual acquaintances. They're forged through shared experiences, late-night barn talks, and the thrill of riding side by side.

Trail riding strengthens the bond between rider and horse. You rely on each other—communicating through subtle cues, trust, and shared experiences.

Your horse becomes your partner, navigating obstacles, crossing streams, and climbing hills together. The connection deepens as you learn to anticipate each other's movements.

Life can be hectic, but the trail offers an escape. Leave behind the noise of daily life, deadlines, and screens.

On horseback, you're transported to a simpler time—a place where worries fade, and the present moment takes center stage. It's a mental and emotional reset.

Every trail ride is an adventure waiting to unfold. You never know what you'll discover - a hidden waterfall, a breathtaking vista, or a secluded meadow.

Trail riding teaches patience, trust, and adaptability. You navigate obstacles, appreciate scenic vistas, and breathe in the fresh air.

Whether you're exploring local trails or embarking on a multi-day trek, the thrill of the unknown and the comfort of the known keeps you coming back for more.

It's a liberating experience that reconnects you with your adventurous spirit.

In summary, horses connect us—to their strength, to fellow riders, and to the natural world. So, saddle up, embrace the journey, and let the trail lead you to new horizons! **BK**



Trail Work Days

This is where we start giving back to trails. Trail maintenance is essential for creating a positive outdoor experience, safeguarding natural and cultural resources, and promoting responsible recreation. Let's all contribute to keeping our trails in great shape!

April 20th: Park Serve Day Douglas State Forest

This trail workday is sponsored by ***J.F. Cove Insurance Agency, Uxbridge MA.***

Time: check in 8:30. Working 9am to 1pm.

Location: Bill Annese Parking Lot, Rt. 16 Douglas MA. Parking lot is right by the Webster/Douglas town line.

Tools: hand saws, loppers, pole saws.

Objective: Bill Annese Trail - we will be cutting and brushing back and trimming to correct height for horse-back riders.

Please wear appropriate clothing like long pants, heavy duty sturdy work boots and wear gloves. Ticks are out, so use your tick spray.

Water will be available and lunch will be provided for our volunteers.

If you can join us please register via our website (www.bstra.org) or send an email to bstra@charter.net so we have a head count and can plan accordingly.

April 21st: Park Serve Day Upton State Forest

This trail workday is sponsored by ***Bob Clark Dog Training & Doggie Day Care in Uxbridge MA and Milford Federal Bank, Milford MA***

Time: check in 8:30. Working 9am to 1pm.

Location: 205 Westboro Road, Upton MA

Tools: hand saws, loppers, pole saws.

Objective: cutting and brushing back trails.

Please wear appropriate clothing like long pants, heavy duty sturdy work boots and wear gloves. Ticks are out, so use your tick spray.

Water will be available and lunch will be provided for our volunteers.

If you can join us please register via our website (www.bstra.org) or send an email to hc07645@gmail.com so we have a head count and can plan accordingly.

May 4th: Hodges Village Dam, Oxford MA

Time: check in 8:30. Working 9am to 1pm.

Location: Greenbriar Recreation Area Rt. 12 Oxford MA. Entrance is right next to the 581 Main St. house.

Tools: hand saws, lopes, pole saws.

Objective: we will be cutting and brushing back Pump House Trail.

Please wear appropriate clothing like long pants, heavy duty sturdy work boots and wear gloves. Ticks are out, so use your tick spray.

Water will be available and lunch will be provided for our volunteers.

If you can join us please register via our website (www.bstra.org) or send an email to bstra@charter.net so we have a head count and can plan accordingly.

May 5th: Thompson CT

Time: check in 8:30. Working 9am to 1pm.

Location: Parking in the field we use for rides. For GPS use 165 Baker Road, Thompson CT. Follow signs to parking field.

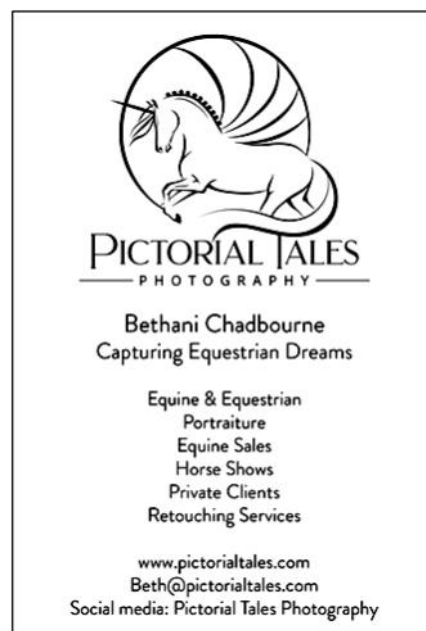
Tools: hand saws, lopes, pole saws, chainsaws, etc.

Objective: we will be cleaning up winter storm damage to reopen the trails.

Please wear appropriate clothing like long pants, heavy duty sturdy work boots and wear gloves. Ticks are out, so use your tick spray.

Water will be available and lunch will be provided for our volunteers.

If you can join us please register via our website (www.bstra.org) or send an email to bstra@charter.net so we have a head count and can plan accordingly.



Bay State Trail Riders Association

Tack Sale

VFW Uxbridge

13 Cross Road, Uxbridge, MA

Sunday, April 28, 2024

8:30am to 12:30 pm

Buy or Sell

New and Used Items, Food & Refreshments

Come See your Friends & Support BSTRA

Sell your own items-Space Available-Reserve now!

\$15 for Outdoor / Trailer space (supply your own tables & chairs)

Space must be reserved & paid for in advance.

Complete Reservation.

Return to **BSTRA**, c/o Karen Parlin, 92 Old Westboro Rd, No. Grafton, MA 01536

Or Visit <https://bstra.org/events/> for online Registration.

NAME _____

ADDRESS: _____

PHONE: _____ **EMAIL:** _____

Member (Y/N) _____ **# of Tables/space** _____

For more information contact Karen Parlin 774-293-0051 or kpschip@aol.com

Or Visit bstra.org/events/ for online Registration

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Nancy Maenzo Memorial Benefit Ride

Saturday, May 11th - 10:30 am

Douglas State Forest

Time: Check in 10am.

Location: 107 Wallum Lake Road, Douglas MA

Length: 5+/- miles

Registration Fee:

\$25 BSTRA Members

\$30 Non-members

\$15 Lunch only

Juniors 17 and under ride and eat free.

Registration deadline for lunch is May 7th.

Post entries welcome, just no lunch included.

NEHT Affiliated

Contact: Kelly Shaw for more information 774-276-0260 or
krshaw13@gmail.com

This
BSTRA Ride
Sponsored by
United Ag & Turf Northeast

This BSTRA Ride
Hosted by Kelly Shaw

Directions from Route 16 in Douglas: Turn onto Cedar Street opposite Wallum Lake sign. At 4-way intersection go straight onto Wallum Lake Road. Turn right onto Wallum Lake Park Road at 107 Wallum Lake Road and proceed to parking area at end.

Please make checks payable to BSTRA, Inc. and mail with registration form below to:

BSTRA Ride, c/o 24 Glen St., Douglas, MA 01516

Nancy Maenzo Ride	Rider #1	Rider #2
Rider's Name		
Horse's Name		
Rider's Year of Birth		
Street Address		
Town, State, Zip		
Phone Number		
Email Address		
Coggins # and Date (within a year)		
Are you a BSTRA Member? Yes/No		
Optional Donation to Trail Account		

Livelark Acres Pleasure Ride Thompson CT

MAY 19, 2024



Check in time: 10am Ride out: 10:30am

Length: 5 miles +/- , repeat for 10 miles +/- NEHT affiliated.

Location: Baker Road, Thompson CT. From route 193S (coming from Massachusetts), take the sharp, hairpin left downhill onto East Thompson road, heading toward the Speedway. After about 1/2 mile, take the first paved right onto Alm Road. If you pass the Speedway, you've gone too far. Follow Alm Road to the end. Take a left onto Baker Road. There will be a BSTRA sign to direct you to the left turn into the field. For GPS use: 165 Baker Road Thompson, CT. That will get you close. Watch for signs!

If you're coming from the Douglas end of East Thompson Road, please swing wide when you are taking that left onto Alm Road so you don't have any issues with your trailer.

Registration fees: \$15 for BSTRA members, \$20 for non-members. Juniors (17 and under) ride and eat free.

BSTRA will provide drinks and desserts. Riders bring their own lunch.

***Ride Sponsored by
Hope Botanicals & Koopman Lumber Co.***

For more information please contact Valerie at 508-864-8432 or Valerie.clark@snet.net
Make checks payable to BSTRA & mail to Becky Kalagher, 24 Glen Street, Douglas, MA 01516

Livelark Acres Pleasure Ride	Rider #1	Rider #2
Rider's Name		
Horse's Name		
Rider's Year of Birth		
Street Address		
Town, State, Zip		
Phone Number		
Email Address		
Coggins # and Date (with in a year)		
Are you a BSTRA Member? Yes/No		

Ryan Rudy
Owner



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Horse Camping at Myles Standish State Forest

The Department of Conservation and Recreation (DCR) announced that reservations for camping at parks across Massachusetts will open to the public on March 6, 2024, at 9 a.m. Visitors can make reservations for one of DCR's campgrounds up to four months in advance of their arrival date through ReserveAmerica.

<https://www.reserveamerica.com>

Reservations are available for DCR's 25 campgrounds beginning in April and running through October.



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 (address)

Submit completed form and collections by 11 am at the NTD Registration Table or mail to Rebekah Nydam, 18 Birch Hill Road, Douglas MA 01516 to be received by June 6.

Businesses donating \$100 or more receive business sponsor benefits such as a free listing in business directory with a link to their website and free advertising dependent upon amount of contribution – please refer to and complete Sponsorship Form on reverse.

NTD RIDE JUNE 9, 2024 BUSINESS SPONSORS SPONSORSHIP FORM

Some things you should know regarding business sponsors are:

- * All donations are tax-deductible because BSTRA is a section 501(c)(3) nonprofit organization and 100% of ALL donations are used for local trail programs
- * BSTRA has a sponsor rewards program to say thank you for donations of \$50 or more. It gives those sponsors various benefits.
- * Business sponsors donating \$99 or less are listed in our newsletter and NTD handout.
- * Business sponsors donating \$100 or more get one free business card sized ad in our newsletter in addition to being listed in Business Sponsor Directory on our website.
- * Business sponsors donating \$250 or more receive "Blue Ribbon" designation, a free Banner Ad on the home page of our website, a listing in the Business Sponsor Directory, and three free business card sized ads in our newsletter, and are eligible to be named as an Event Co-Sponsor (1 of 2 sponsors).
- * Deluxe Blue Ribbon business sponsors donating \$500 or more receive 6 business card sized ads in the newsletter, as well as the free website Banner Ad and listings in the Business Sponsor Directory, and are eligible to be named as an exclusive Event Sponsor for one of our events.
- * Platinum business sponsors donating \$1,000 or more receive 12 business card sized ads in the newsletter, as well as the website Platinum Banner Ad and listings in the Business Sponsor Directory, and are eligible to be named as an exclusive Event Sponsor for two of our events.

***NOTE:** Listings in Business Sponsor Directory will expire as of June 2025

PLEASE ATTACH business card and/or ad copy to be used for free advertising as outlined above for each business

Business Name	
Address	
Tagline	
Website	
Telephone	
Contact Person	
E-mail Address	
Amount of Donation	

Business Name	
Address	
Tagline	
Website	
Telephone	
Contact Person	
E-mail Address	
Amount of Donation	

Member Name: _____

POULIN GRAIN PROGRAM

When you buy Poulin grain for your animals, make sure to tell the clerk that you are a BSTRA member. That's all you have to do! We get .25 for each bag you buy. The collected bag amounts are remitted to Poulin and they send us a check. Participating dealers: Mane Place (Uxbridge).

EXCESS PERSONAL LIABILITY INSURANCE

A \$1 million Excess Personal Liability Insurance policy is an optional member benefit. Become an individual or family member of BSTRA and choose this valuable protection. Insurance Agent is Equisure. For details, please visit our website at www.bstra.org or email rzariczny@verizon.net

BSTRA CLOTHING

Please us this QR code to access our site to purchase BSTRA clothing. Or go to our website, click on the Support tab in the top header, then click on Merchandise Sales. There will be a link on that page that takes you to the "store". **NEW ITEMS ADDED**



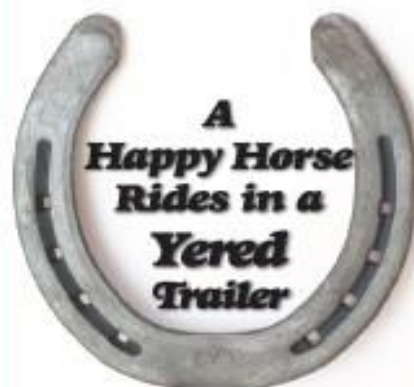
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My "I Forgot" Column!

So it seems after going back over some old emails and reviewing the last newsletter yours' truly let a couple of items get lost in the proverbial hay stack.

First I forgot to put in the winners of the 4th quarter 2023 drawing for the Cabot cheese gift prize. Those winners were Lisa Grigaitis and Sue Perry. We all hope you enjoyed the cheese!

Second I failed to mention in the last newsletter that Bobbi Enman received the Community Horse Magazine Youth Award. We are grateful for them supplying that award.

Here's hoping you don't see this column again for quite awhile! **BK**


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Welcome New Members

Gemma Mullins, Hubbardston MA
Renee Zajon, Fitchburg MA
Kathy McKeown, Blackstone MA

Why our National Trails Day Fundraiser is important.

Raising funds for trail projects is crucial for several reasons. Let's delve into why investing in trails benefits everyone:

Safety and Equity: By securing funding, we can enhance trail safety for horseback riders, including all other allowed trail users. Well-maintained trails reduce the risk of accidents and injuries, ensuring a positive experience for everyone. When equestrians contribute to these efforts, they actively participate in creating safer spaces for themselves and others. This demonstrates our vested interest in supporting trail use by giving back to the environment and the community



Expanding Riding Areas: Adequate funding allows us to expand existing riding areas and create new ones. More trails mean greater access to nature, exercise, and recreation. Equestrians benefit from diverse terrains, scenic routes, and opportunities to explore different landscapes.

Partnership and Stewardship: When we raise funds collaboratively, we become good partners in trail development. Equestrians, hikers, cyclists, and other users work together to maintain and improve trails. This shared responsibility fosters a sense of stewardship—caring for the environment and ensuring its sustainability for future generations.

Additionally, being an asset to land-owning agencies is another compelling reason to raise funds for trail projects. Let's explore this further:

Resource Conservation: Trails are valuable assets that connect people with nature. When we invest in trail development and maintenance, we contribute to the conservation of natural resources. Well-designed trails minimize soil erosion, protect sensitive habitats, and promote sustainable land use.

Collaboration with Agencies: Land-owning agencies, such as national parks, state forests, or local municipalities, often lack sufficient resources to manage trails comprehensively. By raising funds, trail enthusiasts become partners in this endeavor. Agencies appreciate the support and recognize trail advocates as valuable allies.

Economic Impact: Trails attract visitors, boost tourism, and stimulate local economies. When we invest in trails, we indirectly contribute to the financial well-being of the region. Agencies recognize the positive economic impact of well-maintained trails and appreciate the role of fundraisers in achieving this.

Raising funds for trail projects not only benefits specific user groups but also contributes to the overall well-being of our communities and natural spaces. By collaborating with land-owning agencies, we ensure that trails remain accessible, sustainable, and beneficial for both people and the environment.

Now that you know the impact, please take the sponsorship form in this newsletter and make the commitment to get at least one sponsor/donation for our National Trails Day Event. Your efforts and support can make a difference! **BK**

Classifieds

Free ads are for members and their items only. Please contact the editor for advertising rates for non-member classified ads. Please

submit your ad in writing (mail or e-mail) to the editor. Ads will only appear once unless you notify us to run it again. Ads must be received by the 15th of the month preceding publication.

For Sale: Old Mac's G2 multi purpose horse hoof boots. Great for pleasure riding or for horses who suffer from arthritis, pedal bone fractures, navicular disease, ringbone, laminitis (founder), bruised soles, or scalping from overreach. Retail for over \$200. In very good condition. Boot is size 9. \$99. Email Suzanne @ HC07645@gmail.com

For Sale: Orange Loop reins 8 feet long. Black and White or Red Loop reins 10 feet long. All are made from heavy yacht rope. 9/16". Won't get slippery and are adjustable for the desired length. Each end is spliced with a small leather popper. They attach to the bit with slobber straps. The reins are washable. \$18 each. Email Suzanne @ HC07645@gmail.com

For Sale: Clinton Anderson Chocolate dot slobber straps with silver dots placed around the border. I have a one-piece or two-piece style. If you often change bits on your bridle, you'll want the two-piece style as it allows you to change bits without untying your reins. \$20 each. Email Suzanne @ HC07645@gmail.com

For Sale: Clinton Anderson 22-foot off white Mecate reins are easy-to-adjust loop reins with Built-In Lead Rope-No need to carry a halter or lead rope on a trail ride. You can use the end of the mecate to safely tie your horse up with the bridle. Constructed From High-Quality Marine Yachting Rope. Will not get slippery when wet or sweaty. The weighted end can be used as a spanker. Retail for \$96. Asking \$35. Email Suzanne @ HC07645@gmail.com

For Sale: Warning triangles. This kit contains three warning triangles in a compact storage box. The fluorescent orange triangles with red reflectors are visible day or night to alert drivers well in advance of potential danger and help protect you and your family. Each triangle is made from non-flammable material and features a weighted base with grip pads that provide maximum stability. The collapsible design is perfect for easy storage and quick setup. Never used. \$25. Email Suzanne @ HC07645@gmail.com

For Sale: Trailer Aid Camco Plus Tandem Tire Changing Ramp with 5.5 inch lift, black. Ramp is made of strong polymer and is light enough to easily be carried by hand, making it extremely useful to travel with. This tire changing ramp allows you to change your flat tire without having to remove the horses or cargo. Never used. \$35. Email Suzanne @ HC07645@gmail.com

For Sale: Tucker Leather Saddle Bag. This bag is made from the same top quality leather as Tucker's saddles. Has the same

Business Classifieds

Short Term/Vacation Boarding: Walking High Farm has two run in sheds with separate fencing available for your short term needs. Going on vacation? We can take care of your horse, or both if you have two of them. Please call Becky for details at 508-476-3960 or bstra@charter.net

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tooling as the Cheyenne Frontier saddle (which I am selling separately). Hand finished edges and assembly. Brass snap attachment to clip the bags onto your saddle. Flaps have adjustable straps with buckles. 14" high, across the top, 12" wide and 4" deep. They don't make these saddle bags anymore with the tooling. Retail for \$400, asking \$200. Email Suzanne @ HC07645@gmail.com

Wanted: Mini driving harness that will fit 34" mini. Call Alyse at 508-476-7593 Leads also appreciated.

"The Adventures of BB, the Wonder Pony" is an illustrated, first chapter children's book that will be enjoyed by readers of all ages. My Connemara Pony "BB" tells his life story in his own pony voice. BB talks about life as a foal, learning to be ridden, going to a variety of shows and having adventures with his big brother Cody. The illustrations are by a 12-year-old artist – really cute, on every few pages. You can contact me at sue.perry@charter.net to purchase a book, \$5.00 each plus shipping. You can also order the book on-line from Amazon at \$7.99.

29th annual Equine EXPO & Sale Saturday April 20 9am- 3pm. Arena Building, Topsfield Fairgrounds, Route 1, Topsfield, MA Hosted by the Essex County Trail Assn. Large indoor marketplace selling new and used items for the horse, rider and driver Demonstrations all day, rescue organizations, plenty of parking, accessible, food truck For more info or to reserve a sales space call 978-768-6275 or e-mail kljoreo@aol.com

Date (raindate)	Event/Location/Sponsor	Contact	Phone #	email address
April 20	Park Serve Day Douglas State Forest <i>Event sponsored by J. F. Cove Insurance Agency</i>	Becky	508-476-3960	bstra@charter.net
April 21	Park Serve Day Upton State Forest <i>Event sponsored by Bob Clark Dog Training/Milford Federal Bank</i>	Suzanne	508-380-2124	hc07645@gmail.com
April 28	Tack Sale, VFW Uxbridge MA	Karen	774-293-0051	kpschip@aol.com
May 4	Trail Work Day Hodges Village Dam Oxford, MA	Becky	508-476-3960	bstra@charter.net
May 5	Trail Work Day Thompson CT	Becky	508-476-3960	bstra@charter.net
May 11*	Nancy Maenzo Ride, Douglas MA <i>Ride sponsored by United Ag & Turf Northeast</i>	Kelly	774-276-0260	krshaw13@gmail.com
May 19*	Livelark Acres Ride Thompson CT <i>Ride sponsored by Hope Botanicals/ Koopman Lumber</i>	Becky	508-476-3960	bstra@charter.net
May 25-27	Memorial Day Campout, Carver MA	Rose	401-487-3190	rzariczny@verizon.net
June 9*	National Trails Day TBA <i>Ride sponsored by Whitehorse Truck & Trailer</i>			
June 23*	Luau Ride Upton Ma, Upton MA <i>Ride sponsored by United Ag & Turf Northeast</i>	Suzanne	508-380-2124	hc07645@gmail.com
June 30	Red Rail Farm Ride Lincoln MA (pending)			
July 4-7	4th of July Campout, Douglas MA	Rose	401-487-3190	rzariczny@verizon.net
July 20	Goddard Brunch Ride E. Greenwich, RI	Rose	401-487-3190	rzariczny@verizon.net
July 21	Ride for Open Space, Woodstock CT <i>Wyndham Land Trust is running this ride.</i>	Sue. J.		sjackson3773@gmail.com
July 28*	Poker Run Hodges Village Dam, Oxford MA	Becky	508-476-3960	bstra@charter.net
Aug. 25*	Galloping Gourmet Ride, Royalston MA <i>Ride sponsored by Bill & Angie Knott</i>	Becky	508-476-3960	bstra@charter.net
Sept. 15	Sue Brainard Memorial Hunter Pace Douglas MA <i>Ride sponsored by The Mane Place</i>	Sharron	413-668-7606	hiddenhollowacres@comcast.net
Sept. 29	Northfield Mt. Pleasure Ride, Northfield MA	Rose	401-487-3190	rzariczny@verizon.net
Oct. 20*	Lea MacInnis Judged Pleasure Ride			
Oct. 27*	Big Pumpkin Upton MA	Joyce	617-429-1319	jskanion@charter.net
Nov. 3	Turkey Trot, Carver MA	Rose	401-487-3190	rzariczny@verizon.net
Nov. 17*	Thompson Raceway Ride, Thompson CT	Becky	508-476-3960	bstra@charter.net
*NEHT affiliated rides				
1. Unless otherwise noted, all rides start at 10 am and trail work days at 9 am				
2. In case of questionable weather, call before leaving home. You will NOT be called if the event is cancelled.				
3. Most rides require advance registration and payment to receive lunch.				
4. Riders 17 years old and under, accompanied by a guardian, ride free (includes lunch if pre-registered). (May be exceptions on some rides)				
5. Alcohol is prohibited on State property. No smoking allowed <u>while riding</u> .				
6. A current Coggins within a year of the ride date is required.				
7. Please leave the trails and parking areas better than you found them and be considerate of others! Clean up your hay & manure at all rides!				
8. Year end awards require a member in good standing to have a minimum of 4 hours of volunteer time completed.				
Divisions: Pleasure, Competitive, Accumulative. Age as of January 1st: Junior (17 and under), Adult (18-64), Senior (65 or older).				
For more Information, visit our website at www.bstra.org				
9. PayPal payments for rides will no longer be transferred to another ride. Refunds will be made.				

Top Trail Horse: For those of you that have joined this group to participate in our year end award of the most miles ridden - we have an update.

Participants have 10 days from the day you rode to upload your GPX file to the site for it to count.

BSTRA board meetings are usually on the first Thursday of the month. If you wish to attend one of our meetings, drop us an email and we will send you the meeting link.

Bay State Trail Riders Association, Inc.

24 Glen Street
Douglas MA 01516



APRIL 2024

We are on the web!
www.bstra.org

Bay State Trail Riders Association, Inc. Membership Application (expires December 31st)

Mail this form with check payable to **BSTRA, Inc.** to: Rose Zariczny, 216 Grand Street, Woonsocket, RI 02895

Name: _____ phone: (_____)_____

Do NOT release my name for discounts or coupons to benefit BSTRA [☐]

Address: _____ email: _____
(# & street) (town/city) (state/zip)

Please check all that apply:

Single \$25 [☐] \$1m excess liability insurance (single), additional \$20 [☐] Junior (17 and under) \$12 [☐]
Family \$35 [☐] \$1m excess liability insurance (family), additional \$40 [☐] Individual Lifetime Membership \$400 [☐]

Additional Barn Membership \$35 [☐] Barn Name _____

Additional donation to this 501(c)(3) corporation \$ _____. Your tax exempt donation will be acknowledged.

I'd like to receive your free monthly bulletin *The Bugle* via email [☐] or printed copy in black & white [☐]

I'd like to receive **Community Horse**, published Spring & Fall, at no cost to me [☐]

I can help

- by volunteering for trail work days [☐]
- by sponsoring a trail ride (\$) [☐]
- by hosting/running a trail ride [☐]
- with other projects that might be needed [☐]
- by serving on the Board of Directors [☐] Committee [☐]
- with _____

Questions? rzariczny@verizon.net or 401-487-3190

Thank you for your support. Happy Trails!